

Food for Thought

nourish your body, nourish your mind

Meet Terrance, from House of Mercy

Last week’s food delivered to House of Mercy: 125 meals, cases of fresh fruits, and four sheet cakes, bring smiles all around!

We took trays of Jambalaya, a fan favorite, to five locations. A total of 300 meals were served. Cases of fresh black plums, raspberries, and bananas were purchases from our collaborators, Bottom Line Wholesalers from the Farmers’ Market. And as a special treat, we made fourteen sheet cakes which were also delivered in celebration of Aiya’s 80th! I’m told the coconut cake was a big hit! In fact, all of the cakes were well received by all. We are considering making celebration cakes once a month for each location.



“The food that the folks from Bhoja supply for our guests is a healthy way to eat. The impact of being able to feed the guests who do not have an income or have not eaten in awhile, is huge. So the food that Bhoja provides every week is vital to the people who stay here on a daily basis. Thanks for all the help and support you guys [Bhoja] give!”

- Terrance Gibson, Kitchen Manager, House of Mercy



Meet the Team:
Finance Task Force



Jay Rajani works for Rochester Regional Health in Telemedicine



Dhruvan Dellibabu works for ACT Robotics as a Design/Control Engineer.

1

BHOJA TEAM

Veggie prep took place on September 4th. We had a team of nine helping!

2

MEALS SERVED

28,100
as of September 12, 2023

3

COLLABORATIONS

partnering with Bottom Line Wholesalers to provide fresh fruit to local shelters

Finance team takes on finding a van!

Our growing needs requires a delivery van for both meal deliveries and inventory shopping.

We are steadily running out of space! This is especially true of both Radhika's Highlander and my Prius. If you didn't know, Radhika has been helping with meal deliveries for three years. On those rare occasions when she is not available, my Prius does the job.. However, between the 12 stacked transportation trays, nine cases of fruits, and the side dishes, and soon to include celebrations cakes, we are past capacity! If we were to increase the number of meals by 200, we wouldn't be able to transport it on the same day. So we need a delivery van, ASAP!

Several folks from the finance team have stepped up and taken on the task of contacting local car dealerships to negotiate a van donation. Both (featured on page 1) Jay Rajani and Dhruvan Dellibabu have started the process. Let's cheer them on!

We need your help to get the word out! Bhoja Inc is now officially a 501(c)3 tax exempt organization. Which is why we need your help to get the word out about what we do and how the community can help. Our Fall and Winter 2023 fundraising campaign is now underway. If you could help us by sharing the letter with family, friends, and colleagues, we would really appreciate it. There are many occasions to participate in annadānam: ie birthdays, anniversaries, in memory of a loved one like during pitṛtarpaṇa or mahalaya pakṣa (Sept. 29 - Oct. 14th). Please pass on the word!

"We need a van!"



“Feed your soul by feeding the souls of others with love, kindness and compassion.”

-Daniela Nikolova

excerpt from letter....

[https://drive.google.com/file/d/1-
uiHNGBnP7ASuEUOZuMc251SKB8UR5ZB/view?usp=sharing](https://drive.google.com/file/d/1-
uiHNGBnP7ASuEUOZuMc251SKB8UR5ZB/view?usp=sharing)

“The requested funding will be directed towards covering our operational expenses, including food procurement of wholesome, fresh, plant based proteins, vegetables, fruits, and transportation of the prepared foods for those most in need. With your sustaining support, we can continue to serve those in our community who are relying on our meals for their survival.” Please share our letter with family, friends, and colleagues alike, who might want make a difference in the community.”

First and foremost, thank you so much for your continued commitment to Bhoja's Annadānam service. It is because of supporters like you that we've made it this far and will continue to make strides in addressing food scarcity in our community.

As we all know, support for this mission comes in many forms. Community contributions of time, speciality skills and monetary donations are much appreciated! You can donate to Bhoja directly via Zelle by clicking on the QR code and entering: support@bhoja.org. You can also visit our website and click on the donate tab.

Bhoja is now on social media! Follow our instagram at @bhoja_inc, Our Facebook Page, Bhoja, LinkedIn Page, Bhoja, and twitter at @bhoja_inc!! Follow us to join the journey!

support@bhoja.org

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