

Food for Thought

nourish your body, nourish your mind

Bagged Dinners for Rochester Students

Fueling Potential, One Meal at a Time!

We're excited to introduce our Bagged Dinner Program for Rochester students. Did you know that Rochester is ranked #3 in the nation for childhood poverty? We believe it's imperative to take action. Through our Bagged Dinner Program, we're stepping up to address this urgent issue by ensuring that school children has access to a nutritious meal, regardless of their circumstances. Our diverse menu, features hearty main courses, nourishing sides, and fresh fruits, and seeks to provide nutritious meals to students who may lack access to hot dinners at home. Our



Utilizing
Through community involvement and support, we believe this initiative will make a meaningful difference in the lives of our students, helping them thrive despite challenges they may face. We believe that fostering a sense of community is integral to the success of this program. We encourage parents, guardians, and volunteers to in supporting our students by assisting meal distribution, sharing recipe ideas, contributing to our ongoing efforts to eating habits. Keep an eye out for updates and social media channels as we roll out the Bagged Dinner Program. We will be providing more information about the program, including how to sign up, in the coming weeks.

the transformative power of food, we aim to provide nutritious meals to students who may lack access to hot dinners at home. Our diverse menu, features hearty main courses, nourishing sides, and fresh fruits, and seeks to provide nutritious meals to students who may lack access to hot dinners at home. Our

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Meet the Teams:

Operations,Volunteers and Finance Task Forces



Operations Lead,

Sumangala Hegde
Bhoja Volunteer



Indispensible Volunteer

Tulasidas : helps with inventory shopping!



Finance team

Brian Campbell
Grant Writing

1

TEAM NEWS

Veggie prep took place on April 21
The next prep is scheduled for May 19

2

MEALS SERVED

38,100
as of April 21, 2024
50K here we come!

3

COLLABORATIONS

Elementary School Lunches in collaboration with friends at Bethany House.

Building Strength Through Community

Fostering Collaboration and Empowerment Through Shared Support

Our community serves as the cornerstone of our collective strength, providing vital support, a sense of belonging, and opportunities for everyone. Within our community, we cultivate strong bonds that extend beyond family connections, offering emotional, social, and sometimes financial aid when needed. These connections foster deep feelings of belonging and contribute to mental well-being by alleviating feelings of isolation and nurturing genuine relationships. Additionally, our community thrives on the sharing of resources and opportunities, ensuring that everyone has equal access to education, employment, and support services. Our collaborative partnerships with esteemed organizations such as the YWCA, Emergency Shelter for Women, House of Mercy, Bethany House, Ronald McDonald House, and the Vineyards, also referred to as the HUB, enrich our community's fabric. These partnerships bring together diverse perspectives and resources, empowering us to tackle common challenges and advocate for meaningful change collectively. In times of adversity, our community demonstrates remarkable resilience, coming together to support one another through various challenges. Together, we embody values of compassion, collaboration, and solidarity, paving the way for a brighter future for generations to come. To learn more about how you can get involved or collaborate with us, please visit our website at www.bhoja.org or reach out to us directly. Together, we can create positive change and make a meaningful difference.



Above, you'll find Tiny (R) and Ms. Francine (L) from the YWCA, who warmly welcome us each week when we deliver food to the Y.

"Coming together is a beginning, staying together is progress, and working together is success."

- Henry Ford

Critical Need:

Securing a Delivery Van for Bhoja's Community Outreach

Bhoja is still in need of a delivery van to support our vital operations. The van serves as a lifeline for food delivery and inventory shopping, essential for our ongoing efforts. Without a reliable van, scaling up to serve more in our community becomes increasingly challenging. We rely on the van to transport food to those in need and to efficiently manage our inventory. Securing a van would not only streamline our operations but also enable us to expand our reach and impact. Your support in acquiring a delivery van would greatly enhance our ability to serve and support our community.

First and foremost, thank you so much for your continued support of Bhoja's Annadānam initiative. It is because of thoughtful individuals like yourselves that we've made it this far and will continue to make strides in addressing food scarcity in the community.

Support for this mission comes in many forms. Community contributions of time, skills, and monetary donations are much appreciated! You can donate to Bhoja directly via Zelle by clicking on the QR code and entering: support@bhoja.org. You can also visit our website and click on the donate tab.

Bhoja is now on social media! Follow our Instagram at [@bhoja_inc](https://www.instagram.com/bhoja_inc), our Facebook Page, Bhoja, LinkedIn Page, Bhoja, and Twitter at [@bhoja_inc](https://twitter.com/bhoja_inc)!! Follow us to join the journey!

support@bhoja.org

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